



# SOUTH AFRICAN MASTERS SPORTS ASSOCIATION

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## MARCH 2019

### *The start of the pistol shooting year kicked off with a bang.*

Alberton Sports Shooting Club hosted the Southern Gauteng Provincials. There were over 70 shooters at the range over 3 days. There were another 30 entrants that participated in this competition via a postal shoot. At present there are over 20 different disciplines that are shot under the auspices of very competent range officers.

Cassandra Stark took the gold medal with the highest Air Pistol score in the entire competition. Shaun Kennedy did very well in a lot of ISSF disciplines, mostly air pistols and .22 (competitors use only one hand). Andy Charalambous shot amazing targets in the NPA disciplines, NPA is where the higher calibres are used, such as 9mm and 45's (competitors use both hands).



# **Table tennis in South Africa**

## **About us**

### **BACKGROUND**

In line with transformation, Northern Transvaal Table Tennis Union (NTTTU), which was established during the 1950's, changed its name to Gauteng North Table Tennis Board (GNTTB) in 1991, as an affiliate to the South African Table Tennis Board (SATTB).

### **VISION**

We want to become the leading table tennis region in Southern Africa, by embracing the passion for the sport in developing, not only quantitative, but also quality players, through equality.

### **MISSION**

Irrespective of race, gender and disability, we want to develop table tennis, amongst all passionate players from all backgrounds, within the borders of the Gauteng North region. Not only do we want to have as many people possible playing our sport, we also want to produce club, national and international players of which we and the rest of South Africa can be proud of. Furthermore we want to contribute in the social upliftment of many disadvantaged people, including all those with disabilities, in our region. Table tennis is a perfect sport for bringing communities together.

### **HONORARY LIFE MEMBERS**

Wallie McCann, Lindsay Paterson, Herman Kloppers

### **RULES & REGULATIONS**

GNTTB BY LAWS February 2019

## **INTERNATIONAL UMPIRES**

Lindsay Paterson, Elsa Schoombee, Alet Moll, Jose da Silva



Please remember to send your summaries and photographs of your sporting code's competitions.

# Darts in South Africa

Worldwide some 30 million players take part in different Darts Games.

If you are one of those people or if you are interested in playing darts then Darts SA will soon be the site for you...

Darts South Africa is in the design phase of an all-in-one site where you will be able to learn about the different types of darts, flights and shafts.

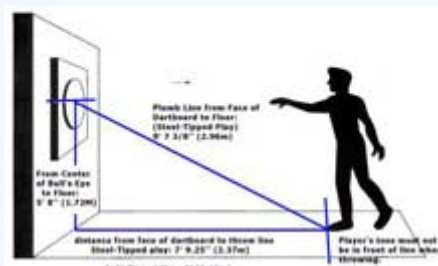
We will show you the different types of dart boards that you get and which one will be the best for you and we will teach you the different Rules for all the different games.

We will also cover various dart brands (such as Harrows Darts) as well as specialized darts accessories such as flight protectors, dart sharpeners, flight punches, dart wallets and darts cases that are readily available in South Africa.

Bookmark this page for various in-depth articles on the different darts techniques to help improve your darts game and even how to correctly set up your dartboard.

Darts SA will also host some informative movies (videos) to help you learn how to play darts, some advanced movies for the intermediate to advanced darts players looking to sharpen up their game and movies from professional players showing what they are capable of and what you too can some day soon do yourself.

## Darts Rules



## How to play Darts

