

❖ THE MASTERS VOICE ❖

OFFICIAL NEWSLETTER - SAMSA

MARCH 2016

INTERESTING NEWS

BASEBALL

IN July 1934 Babe Ruth paid a fan \$20 dollars for the return of the baseball he hit for his 700th career home run!!!!!!

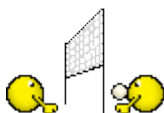
TENNIS

Michael Sangster, who played in the 1960's, had Tennis' fastest serve, once clocked at 154 mph. At 101 **Larry Lewis** ran the 100 yard dash in 17.8 seconds setting a new world record for runners 100 years old or older

Ruth Frith from Australia took up Athletics in her 70's and went on to win 6 gold medals and set 6 world records at the World Master Games in Sydney 2009. She also won a gold medal in the hammer throw at the Oceania Masters Athletics Championships in 2010. She passed away age 104 in 2014

FUN FACTS

VOLLEYBALL was invented in 1895 by William George Morgan of Holyoke, Massachusetts!!!!!!!!!!!!!!!!!!!!



BASEBALL was invented in 1839 by Abner Doubleday in Cooperstown, New York!!!!!!!!!!!!!!!!!!!!



GOLF – The average golf ball has between 330-420 dimples. At the 1st **Modern Olympics**, winners were awarded Silver medals.

Wheelchair Tennis legend **Esther Vergeer** retired after 470 straight wins and 4 Paralympic golds.

SOCCER is the most popular sport. It is played by more than 20 million people in more than 140 countries



SASCOC NEWS

Key Dates for Calendar Year 2016:

General Meeting:

Sat, 9th April 2016

President of **SAMSA** to attend

Presidents Council:

Fri, 24 June &

Sat 25 June 2016

AGM:

Sat, 27 August 2016

Quadrennial General

Meeting: - Changed Date

Sat, 26 November 2016

All meetings at Olympic House

SAMSA OFFICE

PO Box 72103 Parkview, 2122

T: 011 646 0641

F: 011 646 0632

Cell: 082 996 0000

Email: info@samaster.co.za

Website: www.samaster.co.za

ISSUING OF SAMSA'S MEDALS

FOR 2016 GAMES-TO BE

ORDERED WELL IN ADVANCE

ONCE WE HAVE VENUE AND

DATES-PARTICIPANT FROM JHB

TO COLLECT FROM SAMSA

OFFICE

Teams – 1st position only (Gold)

Individuals – 1st, 2nd and 3rd

positions (Gold, Silver, Bronze)

Min of 7 participants per age group



WORLD MASTER GAMES

2017

VENUE: NEW ZEALAND

DATES: 21-30 APRIL

2017

GOLDEN OLDIES 2018 WORLD SPORTS FESTIVAL- CHRISTCHURCH, NEW ZEALAND

April – 7 Sports – 1 Month

GOLDEN OLDIES GOLF FESTIVAL

Venue: Hunter Valley

Date: 18-24 September 2016

GOLDEN OLDIES TRANS TASMAN RUGBY FESTIVAL

Venue: Hunter Valley, NSW

Date: 15-20 June 2016

GOLDEN OLDIES WORLD SOFTBALL FESTIVAL

Venue: Hawaii

Date: 18-25 September 2016

21st GOLDEN OLDIES WORLD RUGBY FESTIVAL

Venue: Cardiff, Wales

Date: 21-28 August 2016

GOLDEN OLDIES WORLD HOCKEY FESTIVAL

Venue: Cape Town, South Africa

Date: 2-9 April 2017

GOLDEN OLDIES WORLD CRICKET FESTIVAL

Venue: Barbados

Date: 7-14 May 2017

2016 RIO OLYMPIC GAMES

Venue: Rio De Janiero

Date: 5-21 August 2016

American Rifleman

World Shooting monthly magazine available from **SAMSA** office to all registered Pistol Shooting members.



IN MEMORIAM

Andre Ferreira husband of Lynette, well known SA Netball player and coach passed away. Our sincere condolences from all Master Sportsmen and Women

**SPORT CODES
PARTICIPATION IN THE
9TH SA MASTERS GAMES
2016**

ARCHERY - Marks Park Jhb 6
April

BASEBALL- Cape Town
12-15 Oct

BASKETBALL – Cape Town
1-4 Sept

CROQUET – Country Club Jhb
24-27 April

DARTS – Dinwiddie Recr Club
29 April-1 May

INDOOR CRICKET – Hunters
Indoor Cricket Arena, PE
7-13 August

JUKSKEI – Jukskei Park,
Kroonstad – 1-7 October

KORFBALL – Toutrek Park, PTA
– 7 May

NORTH NETBALL – Pta
27 April-3 May

SOUTH NETBALL – Young Park,
PE – 23-27 September

POWERLIFTING – Elgro
HotelPotch, 17-19 March

RINGBALL – Korfbal Park, Pta -
23 April

RINGTENNIS – Municipal Sports
Club, 30 April

ROWING – Wemmer Pan, Jhb
November

SOCCER – Giant Stadium,
Soshanguva, 1 October

SOFTBALL – To be advised
22-24 September

SQUASH – Parkview Squash
Centre, Jhb – 10-13 March

SWIMMING – Kings Park, Dbn
16-19 March

TABLE TENNIS – Jonibach Sport
Centre, Pta North
7 May

TENTPEGGING – Bloemfontein,
7 May

WRESTLING – **Carnival City**
30 April 2016

**Games Programme -
2016 - AVAILABLE**

SPORT CODES TO ORDER
YOUR PROGRAMMES AND
TO PLEASE SEND A
REPRESENTATIVE FROM
JOHANNESBURG TO
COLLECT FROM SAMSA
OFFICE **ASAP**
66 KILKENNY ROAD,
PARKVIEW, JHB

**9th SA MASTERS GAMES
2016**

RESULTS

SQUASH-

**Assore Masters National
Championships**

Venue: Parkview Squash Centre
Dates: 10-13 March

Men: 35-39

Gold- John Argyle (CG)

Silver- Craig Ruane (N)

Bronze- Richard Middleton (CG)

Men: 40-44

Gold- Zuko Kubuleki (WP)

Silver- Paul Atkinson (WP)

Bronze- Gary Plumstead (E)

Men 45-49

Gold- Craig van Der Wath (E)

Silver- Brendon Paul (CG)

Bronze- Peter Ryder (EP)

Men 50-54

Gold- Gary Barker (KZN)

Silver- John Van Heeswijk (CG)

Bronze- Deon Venter (CG)

Men 55-59

Gold- Trevor Wilkinson (N)

Silver- Allan Hill (E)

Bronze- Hugh Wallace (N)

Men 60-64

Gold- Johnny Orsmond (N)

Silver- Peter Stephens (WP)

Bronze- Giles Palmer (E)

Men 65+

Gold- Dennis Frey (CG)

Silver- Gordon Daniel (L) 3-1

Bronze- Bugs Palmer (E)

Women 55-59

Gold- Helena Kruger (CG)

Silver – Mandi Joubert (N) 3-0

Bronze – Nanette de

Fonsecca(E)

Women 60+

Gold - Shirley Whitmore (WP)

Silver – Sheena Worwood (CG)

**A RECORD ENTRY OF 150
PLAYERS PARTICIPATED**

**WELL DONE TO ALL
PARTICIPANTS!**

REMINDER!

Sport codes to please
send results for their
events during 2016 for
inclusion in the Masters
Voice

RESULTS CONT:

**32nd SA Masters Swimming
Championships**

Venue: Kings Park, Durban

Date: 16-19 March

A total of 463 swimmers entered
from 19 clubs in SA. This included
13 foreign swimmers from various
countries ie; Great Britain,
Australia, and Hungary.
Regional and SA Records were
broken, as were 4 World Masters
Records in the mens 60-65 age
group, in the 50 Backstroke.
Winner of this event was A.
Steynberg from Wahoo Club
Gauteng and the other 3 World
Records broken went to Cape
Town in the relay events. There
were 160 entrants who were 60
years and older. 47 of them were
70 years and older and 11 were
80 years and older.

The **oldest female** competing
was **Grace Isaac (84)** from the
Spencer Club in Great Britain !!
The **oldest male** was **Ted
Beukes (86)** from Coelacanth
MSC.

Cape Town Masters Swimmers
were the overall winners this
year...

All detailed results are available
on the SA Masters Swimming
website

www.samastersswimming.com

**WELL DONE TO ALL
PARTICIPANTS!**

**SA Raw Powerlifting
Championships**

Venue: Potchefstroom

Date: 17-19 March

Master Women

Gold – Antoinette kriel

Silver – Michelle Letcher

Bronze – Laura de Wet and Tracy
Ludwig

Master 1 Men

Gold – Sean Manders

Silver – Malone Horn

Bronze – Lawrence Ross Njoku

Master 2/3/4 Men

Gold – Gerhardus Oosthuizen

Silver – Christo Schoonraad

Bronze – David Quatse

**WELL DONE TO ALL
PARTICIPANTS!**