

❖ THE MASTERS VOICE ❖

OFFICIAL NEWSLETTER - SAMSA

OCTOBER

2016

INTERESTING NEWS

SQUASH

You burn between 600-1000 calories during 1 hour of playing Squash.

The first Squash balls were made of natural rubber.

In 2003 Squash was, according to Forbes, the healthiest sport to play.

The first "National Association of Squash" was formed in the United States in 1904.

MOUNTAINEERING

In May 2013 at age 80, Japanese Alpinist, **Yuichiro Miura**, became the oldest person to summit the world's highest mountain, scaling Mount Everest-which is approx. five and a half miles above sea level. He has reached the summit three times in his lifetime-all when he was over the age of 70. He had four heart surgeries before his third ascent.

SWIMMING

Modern swimwear has developed to the point where the fabric and designs are actually faster through the water than human skin. Controversial neck to ankle suits have been one of the reasons behind the consistent breaking of world record times since they were introduced around the year 2000.

FUN FACT

Tennis

The longest match in the history of Tennis was played between John Isner and Nicolas Mahut at Wimbledon in 2010. It lasted 11 hours, 5 minutes and stretched to 3 days.



SASCOC

Quadrennial General Meeting

Venue: Olympic House

Date: 26 November 2016

The **SASCOC** board will be elected to service the organisation for the next Olympic Quadrennial (2017-2020) The Board will comprise of: President, Deputy President, Vice President, 5 Board Members, IOC Members and Athletes Commission Representative.

SAMSA OFFICE

PO Box 72103 Parkview, 2122

T: 011 646 0641

F: 011 646 0632

Cell: 082 996 0000

Email: info@samaster.co.za

Website: www.samaster.co



sport & recreation
Department:
Sport and Recreation South Africa
REPUBLIC OF SOUTH AFRICA



9th WORLD MASTER GAMES 2017 VENUE: NEW ZEALAND DATES: 21-30 APRIL 2017

Closing date for registration for Team sports is 31 January 2017. Individuals can still join teams up till 31 March 2016

To enter go to:

www.worldmastergames2017.co.nz

Archery, Football, Golf, Hockey and Softball already sold out... Orienteering, Shooting and Squash filling up fast.

SAMSAS Contribution to Athletes

participation in the WMG 2017 - Forward proof of entry and confirmation of flight details/sport code/travel info to SAMSA for consideration at committee meeting with regard to a contribution towards each master athlete who have been active masters in their own sport during the past 4 years.

S A Masters Squash Inter-Provincial Doubles Championships

Venue: Cape Town

Dates: 9-12 November 2016

The **WPMS** organising Committee is expecting some 450 entries. For more info contact:

Andre Naude - Pres WPMS

076 370 5436 or **Glenda**

Erasmus – Secretary 021 674 6717 Email:

administrator@wpsquash.co.za

RESULTS

SA Masters Baseball Championships

Venue: Durbanville Baseball Club. CT

Dates: 12-15 October 2016

Veterans (45+):

WP 10 – Gauteng 3

Social Masters (35-44):

WP 20 – KZN 9

Elite Masters (35-44):

Easterns 3 – WP 1

Congratulations to All!

SA Masters Jukskei Tournament

Venue: Jukskei Park, Kroonstad

Dates: 1-7 October 2016

Masters Women:

Brenda Wolmarans (MP)

Adri Muller (Limpopo)

Amanda Rust (WP)

Carina Botha (Overberg) (K)

Res: Elize Matthee (NV)

Grand Masters Women:

Toeks Moore (Overberg)

Bets V Vuuren (Westrand)

Salie Bester (NC)

Annatjie vd Merwe (KZN) (K)

Res: Rachelle Schoeman (WP)

Winners:

GrandMasters 10,5 – 4,5

Masters Men:

Alewyn Smith (N Freestate)

Piet v Schalkwyk (S Freestate)

AJ de Klerk (GN)

Johan Groenewald

(S Freestate) (K)

Res: Johan v Wyngaard (EG)

Grand Masters Men:

Antoon Claasen (KZN)

Dirkie v Vuuren (Westrand)

Gerrie Kotze (GN)

Tinus Barnard (Westrand) (K)

Res: Jan Lourens (KZN)

Winners:

Grand Masters 9.5 – 5.5

Congratulations to All!

RESULTS CONT:

Masters Wrestling World Championships

Venue: Walbrzych, Poland

Dates: 7-9 October

Team That Represented SA:

G v d Merwe 55-58kg

H Bekker 58-63kg

D Davel 58-63kg

A Patrick 63-69kg

S McDonald 69-76kg

J Rossouw 69-76kg

J Nel 76-85kg

F Pienaar 76-85kg

W Putter 76-85kg

A v d Merwe 76-85kg

J Voigt 76-85kg

P du Preez 85-97kg

R Holder 85-97kg

J Meyer 85-97kg

A Schutte 85-97kg

A Sutton 85-97kg

J Reichel 97-130kg

D Van Staden 97-130kg

Winners:

Gold: Chris Sutton, Reg Holder and Duane Van Staden

Silver: J Rossouw, W Putter, H Bekker, G v d Merwe and D Davel

Bronze: P du Preez

The **SA Team** ended 6th in the Team Competition.

Congratulations to All!

WSF World Masters Squash Championships

Venue: Wanderers and Parkview Squash Club

Dates: 23-30 Sept 2016

951 players from 43 Countries took part, from

35 – Over 80 age groups.

England Claimed 5 Gold Medals and hosts **SA** a total haul of 21 medals.

Home player **Craig Van der Wath** stole the limelight after winning the mens over 50 trophy to secure a record 6th World Masters title.

Well Done Craig!

For the full results see attachment.....

Congratulations to All!

9th Triennial South African Master Games

January – December 2016

UPCOMING EVENTS:

Rowing - November –JHB

Please order your 2016

Games Programme to be collected from SAMSA office or provide Postnet address to be delivered

South African Master Sport Association celebrating 22 years of Master Sports 2016.

Sport codes are invited to send names of present/active sportsmen and women who participated in the first Master Games in 1997 in Johannesburg

Names to Date:

Rita Oosthuizen, Ria Kaal, Alan Forrest, Quentin Robinson, Lanie Van Wyk, Lynette Talbot and Willem Putter (Springbok Wrestler, SA Champion and World Champion), André Ludik

National Geographic

National Geographic magazine available to members from SAMSA Office.

American Rifleman

World Shooting monthly magazine available from **SAMSA** office to all registered Pistol Shooting members.



Masters World Tentpegging Championships

Venue: Pakistan

Date: November 2016

For more Info contact Brendon Muir 083 440 0613